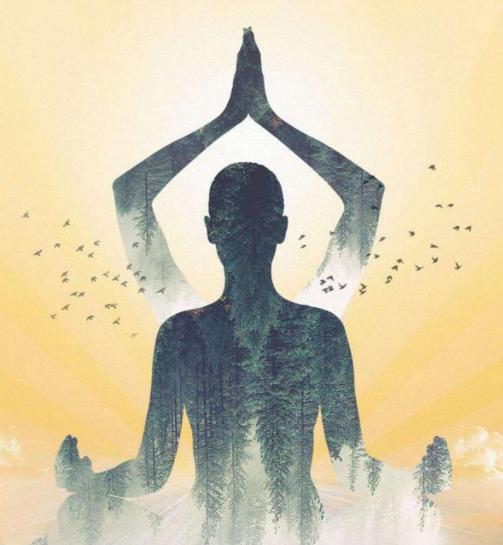
## Be Your Best Self



## BOOK YOUR COACHING SESSIONS

OPTIMAL WELLNESS · PERSONAL GROWTH · PROFESSIONAL DEVELOPMENT

IN-PERSON OR ONLINE

JOIN OUR YOGA CLASSES
YOGA • MEDITATION • BREATHWORK • NUTRITION



SHEBANI KULKARNI
PRINCIPAL
CERTIFIED LIFE COACH/YOGA INSTRUCTOR
(815) 404-3803
SHEBANI@MATRIXVENUE.COM

Mission Megina NON-PROFIT ORGANIZATION WWW.MISSIONMEGHNA.COM



808 S.ROUTE 59, NAPERVILLE, IL 60540 (630)581-7200