

NURTURE YOUR MIND, BODY AND SPIRIT

Mission
Meghna

NON-PROFIT ORGANIZATION

POSTURES

BREATHING
EXERCISES

MEDITATION

YOGA
PHILOSOPHY

YOGA CLASSES

STARTING ON FEBRUARY 11TH

TUESDAY/THURSDAY 6PM - 7PM | SUNDAY 11AM - 12PM



808 S. ROUTE 59
NAPERVILLE, IL
60540



\$25 - PER CLASS | \$110 - 5 CLASSES (1ST CLASS FREE)
PRIVATE SESSIONS AVAILABLE IN-PERSON OR ONLINE

FOR ZELLE PAY: 630-768-5322



SHEBANI KULKARNI
CERTIFIED YOGA TEACHER
CERTIFIED LIFE COACH

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WWW.MATRIXVENUE.COM | PROCEEDS GO TO MISSION MEGHNA CHARITY